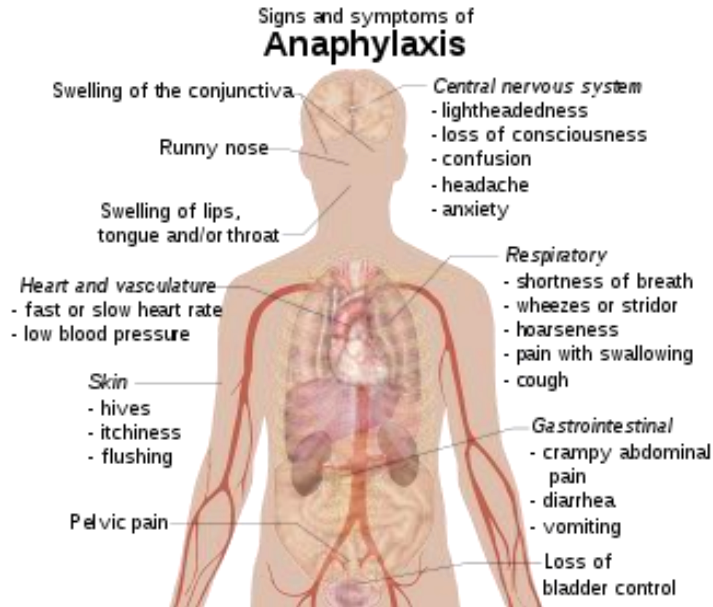


# SIM Week 11 # Hack sheet Anaphylaxis



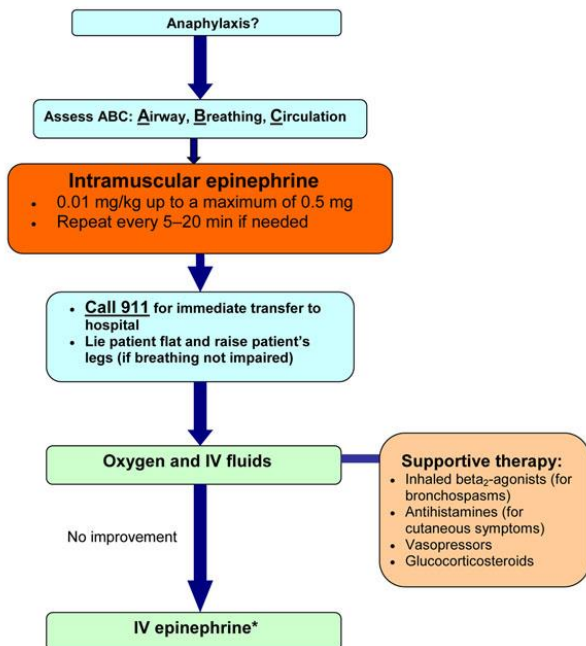
## What is the drug of choice to treat anaphylactic shock?

**Epinephrine** - For emergency treatment of anaphylaxis, ampoules of adrenaline 1:1000 should be used for both IM doses and infusion if required (adrenaline 1:10 000 should not be used).

The primary drug treatments for acute anaphylactic reactions are **epinephrine** and **H1 antihistamines** ( Benadryl, Zyrtec)

If given, a dose of [methylprednisolone](#) of 1 to 2 mg/kg/day is sufficient. If glucocorticoid treatment is instituted, it should be stopped after one or two days without a taper.





## Table 1 Elements of a Proper AMA Patient Conference

- Discuss the recommended course of treatment and available alternatives.
- Review the specific risks of that patient refusing treatment.
- Ask the patient to explain their diagnosis.
- Have the patient describe the consequences of leaving AMA.
- Evaluate the patient's rationale for leaving AMA.
- Discuss follow-up care and the patient's option to return to the ED.
- Notify the patient's primary care physician and their family or friends.
- Document the discussion in the medical record.

Abbreviation: AMA, against medical advice.

Source: Adapted from: Levy F, et al. *J Emerg Med*. 2012;43:516-520.