

Have you ever been frustrated with the progress or outcomes of a workers' compensation case?

Did you ever have a workers' compensation question or need information and didn't know who to call?

Have you ever had difficulty getting an injured worker back on the job?

## **Gundersen Health System Case Management Services can help**

- A case manager facilitates communication among the employee, family members, the employer, care providers and the payer.
- A case manager evaluates available options with the employee and medical provider and assists in coordinating optimal, quality care in a cost-effective manner.
- Working from within the healthcare system, the Gundersen Health System case manager can quickly access the most current medical information.

#### **Case management skills**

Gundersen Health System's case manager can assess variables that impact health and patient functioning. By applying problem solving techniques, the case manager can help develop solutions to problems which may arise. Other case management skills include:

- Knows disease processes and medical resources available to assist.
- Understands insurance policy language, workers' compensation statutes, FMLA and ADA.
- Familiar with workplace activities, job descriptions and essential job functions.

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### How the case manager helps you

Facilitating appropriate medical services is just one of the roles the Gundersen Health System case manager fills. The case manager is also a direct, on-site communication rac link to the medical providers, offering the following services:

- Confirms the treatment plan with the medical provider and employee.
- Confirms the ability to return to transitional or full duty.
- Provides up-to-date medical status and physical capabilities information.
- Helps the employer identify appropriate return to work options.
- Coordinates on-site work hardening, job-site evaluations and follow-up treatment.

#### Meet our case manager



Sara Rislov, BSN, RN is able to assist you as Gundersen Health System's case manager. Sara has been a nurse at Gundersen since 2000 spending a majority of that time as a nurse educator for the rehabilitation, orthopaedics & neuroscience units and the float pool department.

You are encouraged to contact Sara Rislov direct at (608) 775-4366. She may also be reached by confidential fax at (608) 775-3011 or email srrislov@gundersenhealth.org.



#### **About Gundersen Health System**

Gundersen is part of Bellin and Gundersen Health System. Formed in December 2022, Bellin and Gundersen is a not-for-profit, patient-centered, community-focused healthcare network with headquarters in Green Bay and La Crosse, Wisconsin. Bellin and Gundersen has nearly 15,000 employees, including more than 1,000 clinicians, in 11 hospitals and more than 100 clinic locations in Wisconsin, Minnesota, Upper Michigan and Iowa. With community partners, Bellin and Gundersen strives to lead local, regional and national healthcare transformation to enrich individuals for their healthiest lives at every stage. Learn more at bellin.org and gundersenhealth.org.

# GUNDERSEN HEALTH SYSTEM.

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