



Community Health Improvement Plan

Gundersen Tri-County & Clinics

2022-2025



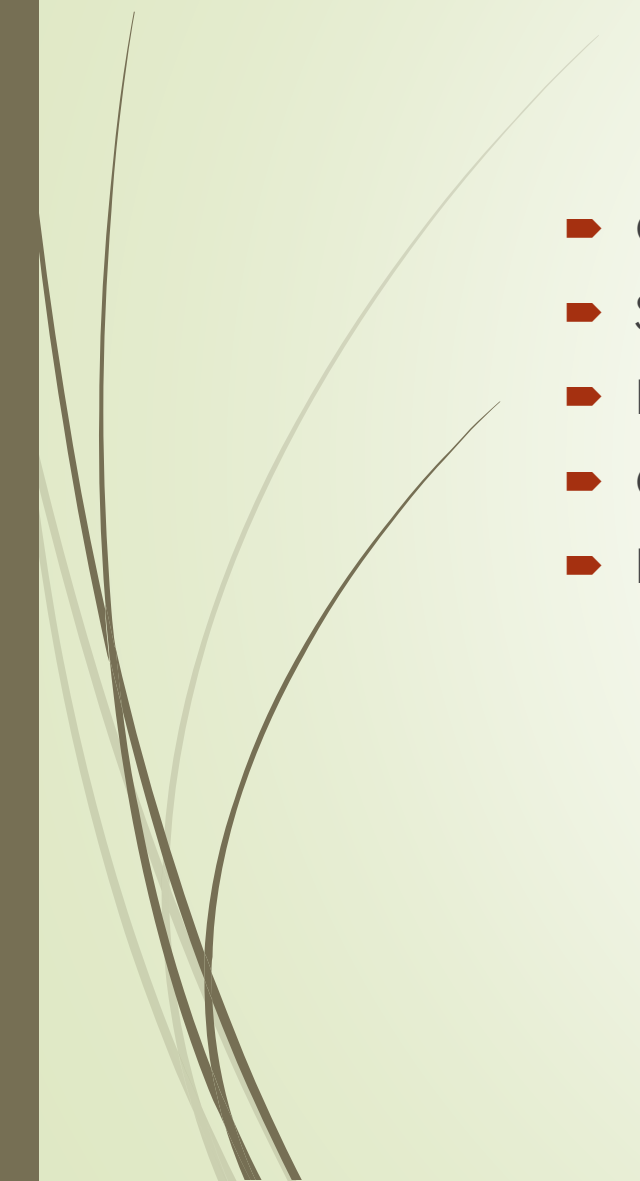
Introduction and Purpose



- ▶ The Patient Protection and Affordable Care Act requires non-profit healthcare organizations to perform a Community Health Needs Assessment (CHNA) every three years and adopts an implementation strategy, known as a Health improvement plan to meet the outstanding community health needs and to continue to qualify for federal tax exemption. The Health Improvement Plan (HIP) will be implemented during the years 2022-2025.
- ▶ The CHNA-HIP:
 - ▶ Part of clarifying the “community benefit standard” which must be met to maintain tax-exempt status.
 - ▶ A way to make health systems recognize and attend to social determinants of health in the communities they serve.
 - ▶ Improve the condition in the community that impact health.
 - ▶ Improve the health and decrease the cost of healthcare.



CHNA Compass Now 2021

- ▶ Great Rivers United Way, Gundersen, Mayo, County Health Departments
 - ▶ Single Reports for 5 counties
 - ▶ LaCrosse, Trempealeau, Monroe, Vernon, Houston (MN)
 - ▶ Organized in 4 pillars
 - ▶ Health, Economics, Education, Community Local Social Factors
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Areas of Risk

Data Collection random household surveys, convenience surveys, community conversations, review of socio-economic indicators.

After conducting the Community Health Needs Assessment, Gundersen Tri-County identified numerous areas of concern with three significant need categories on which to focus. These areas are as follows:

- ▶ Mental Health
- ▶ Adult Smoking
- ▶ Adult Obesity

Actions are outlined in the Health Improvement Plan focusing on the three above priorities. These action will occur over a 3-year period, 2022-2025.



GOALS

- ▶ Health
 - ▶ Support Mental Health
 - ▶ Obesity Awareness
 - ▶ Limit the Effects of Chronic Disease
 - ▶ Reduce Adult smoking
- ▶ Community
 - ▶ Mitigate Adverse Childhood Experiences/Toxic Stress
 - ▶ Improved Collaboration with Mental Health Awareness
 - ▶ Support health environment
- ▶ Access and Cost of Care
 - ▶ Offer vaccines to the community
 - ▶ Expanded specialty Care
 - ▶ Surgical procedures completed close to home
 - ▶ Continuation of health programs in our communities



Health Measures of Success

► **Support Mental Health**

- Gundersen Tri-County Hospital and Clinics will offer telehealth crisis intervention in the Emergency room and reevaluate the outcome for our community.
- We continue to offer staff education regarding Adverse Childhood Experiences (ACEs) and Trauma Informed Care (TIC). We will collaborate with local agencies and schools with Resilience Informed Trauma Care (RTIC) county group to address ACEs, youth resilience, and reduce stigma.

► **Limit the Effects of Chronic Disease**

- Gundersen Tri-County Hospital and Clinics will establish disease management program for patient with Diabetes in effort to reduce risk of stroke or heart attack, in effort to keep our community healthy.
- Tobacco Cessation Program. All patients of Gundersen Tri-County are asked if they smoke, vape or use tobacco products. If they do, they are offered tobacco cessation assistance.
- Opioid Reduction Program in efforts to reduce the opioid crisis. Alternative pain relief modalities and referrals offered.

► **Access and Cost of Healthcare**

- Gundersen Tri-County Hospital and Clinics will continue to offer and provide vaccines to our community, offering education and awareness.
- We will continue to offer specialty services and broadening our surgical cases to our community. Continue to offer educational opportunities in our communities at health fairs working with community agencies and within our organization.



Planned Activities Health

- ▶ Sponsor and Promote Running of the Beef, offering recliner to 5K 8-week training program to encourage participation
- ▶ Health and Wellness Education at community events
- ▶ COVID and Flu vaccine clinics in the organization and communities
- ▶ Employee Assistance Program
- ▶ Transitional Care Management (TCM)
- ▶ Extend Trauma Informed Care education to staff, schools and community
- ▶ Involvement in Resilience Informed Trauma Care (RITC) Community Group

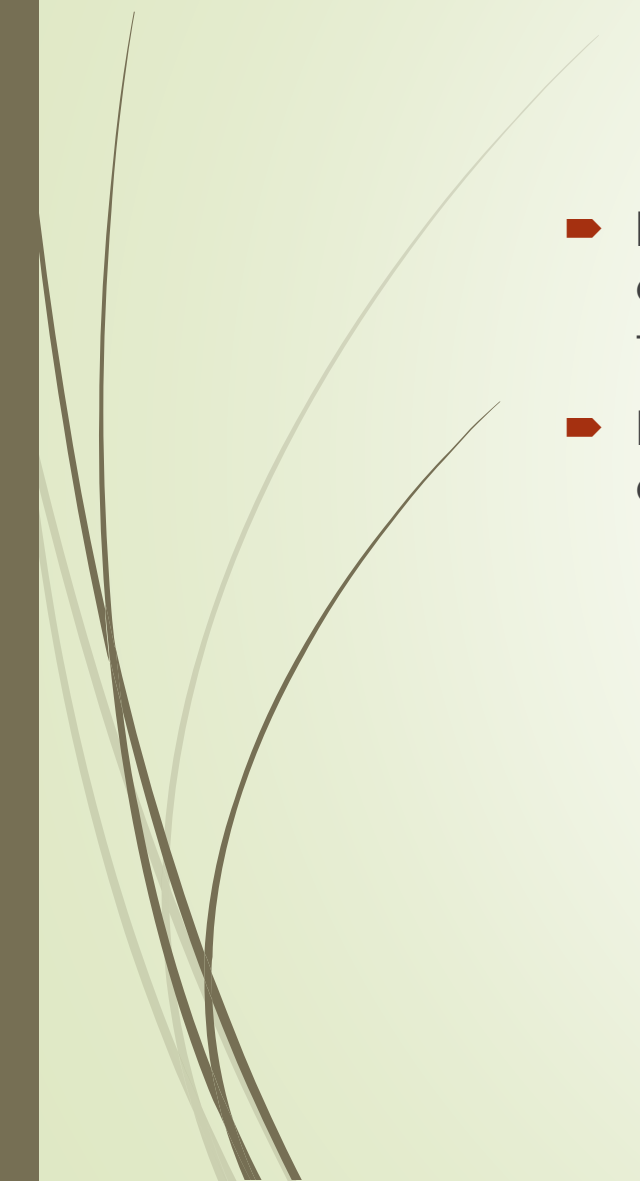


Planned Activities for Community

- ▶ Offer community support and sponsor local events.
 - ▶ Trempealeau County Fair exhibitor livestock auction
 - ▶ County Dairy Breakfast booth
 - ▶ Participation in local parades
- ▶ Support local food pantries through monetary donations and organizational fund raising
- ▶ Donation of blankets, foster care personal care items, and school supplies
- ▶ Collaboration and participation with Trempealeau County resources
- ▶ Awareness and education around Advanced Care Planning
- ▶ Offer baby sitting classes to our primary service area
- ▶ Implement Club Scrub for local schools
- ▶ Offer CPR to community organizations
- ▶ Members of three local Chambers of Commerce



Gundersen Tri-County Community

- ▶ Improving community health is about leading and collaborating with local community agencies to change the environmental and cultural factors that influence health for the communities we serve.
 - ▶ Presented to Gundersen Tri-County Board on November 30, 2022 with document approved.
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2021 Compass Now Link

- ▶ <https://www.greatriversunitedway.org/our-work/community-needs-assessment/>
- ▶ If you or a loved one are in need of resources, 211 is a great place to start. Great Rivers 211 is our local 211 resource. Simply dial 2-1-1, or call toll free: (800) 362-8255. The National Suicide Prevention Lifeline can be reached at (800) 273-8255. To receive support via text, text HOPELINE to 741741.